

catering menu

healthy canteens australia

At Healthy Canteens our aim is simple :

To provide fresh, high quality food at an affordable cost

We understand the style and quality of catering reflects directly on your school

Our catering events team are here to make your day simple and stress free

Schools

Universities

Colleges

Tafes

Staff Development Days

Executive Meetings

Staff Meetings

School Functions

School Hosted Major Events

After Hours School Events

Off Site Excursions

+ Much More



2019



Bookings, Quotes & Enquiries :

Vicki : 0406 414 798 or 02 9678 9242

catering@healthycanteens.com.au



Platters

Platters are our most popular style of catering ordered.

They are ideal for when you need to a wide variety of food at a cost effective price point.

Types of platters include :

- ◆ Sandwiches & Wraps
- ◆ Hot savoury foods
- ◆ Seasonal fruits
- ◆ Antipasto (Vegetables)
- ◆ Cold meats selection
- ◆ Cheese
- ◆ Gourmet baguettes
- ◆ Desserts



Finger Foods

For when you simply need a few of each item.

We can recommend our most popular combinations for the type of event you have.

Our most popular items are :

- ◆ Gourmet mini quiches
- ◆ Rustic savoury scrolls
- ◆ Premium mini pies
- ◆ Assorted café sandwiches
- ◆ Chicken kebabs



Morning Tea

Would like a full continental breakfast, or just a quick bite for your guests ?

We can provide it all

Croissants, yoghurt, muesli, pastries or a hot breakfast
Something for everyone



Grab & Go Packs

Quite often, schools require catering where not all guests are able to eat at the same time - such as parent teacher interview nights.

Grab & Go Packs are ideal for these sorts of events because we provide :

- ◆ Individually portioned and sealed containers
- ◆ Different dietary options
- ◆ Hot Pasta & Rice Dishes
- ◆ Antipasto & Cold Meats
- ◆ Dessert Packs
- ◆ Customised to your needs



Foods Made Fresh

If we operate your school canteen, our foods are made fresh onsite.

We only use fresh, natural ingredients and make all our foods from scratch.

Our fresh foods include :

- ◆ Authentic Curries & Rice
- ◆ Traditional Pastas
- ◆ Vegetarian & Vegan Options
- ◆ Fresh Meats



Offsite Lunch Packs

We provide a wide range of lunch packs for events like sports carnivals, excursions and other offsite events.

Packs typically include :

- ◆ Wraps, snacks & drinks



2019 SEMESTER 1 CATERING ORDER FORM

SCHOOL :		SCHOOL STAFF REQUESTING CATERING :	
LOCATION IN SCHOOL :		FACULTY / PROGRAM / PURCHASE ORDER #	
DATE OF CATERING :	TIME MORNING TEA:	TIME LUNCH:	NUMBER OF PEOPLE :
DIRECT EMAIL OF PERSON ORDERING (TO RECEIVE CONFIRMATION)			



PLEASE EMAIL OR FAX THIS FORM TO VICKI : CATERING@HEALTHYCANTEENS.COM.AU

CALL VICKI 0406 414 798 OR FAX 96789241

YOUR ORDER WILL BE CONFIRMED WITHIN 24 HOURS OF RECEIPT

FOR BEST RESULTS AND FULL PRODUCT AVAILABILITY PLEASE ORDER A MINIMUM OF 3 DAYS PRIOR

SHORTER NOTICE MAY RESULT IN SOME ITEMS BEING UNAVAILABLE

BOOKINGS CAN BE MADE UP TO 12 MONTHS IN ADVANCE WITH ADJUSTMENTS UP TO 3 DAYS PRIOR, CANCELLATION UP TO 7 DAYS PRIOR

	Morning Tea & Breakfast	PRICE
	Mini Bacon & Egg Roll	\$3.00
	Mini Croissant - Savoury - Asst Meat / Veg / Jam	\$3.00
	Muesli with Yoghurt or Fruit - Cup (GF)	\$3.00
	Mini Hash Brown (GF,V+)	\$0.60
	Sweets & Desserts	PRICE
	Banana Bread - Slice	\$1.90
	Cocktail Danish - Asst	\$2.50
	Cocktail Apple Turnover	\$2.50
	Large Muffin - Sliced	\$2.90
	Cinnamon Swirls	\$1.20
	Vanilla Slice Mini	\$1.20
	Brownie (HM)	\$1.00
	Mini Muffin - Asst	\$1.30
	Brownie w Jam & Cream (HM)	\$1.50
	Macaroons - Asst	\$1.95
	Asst Dessert Slice- Caramel / Passionfruit (2)	\$2.50
	Portuguese Tart	\$2.60
	Scone w Jam & Cream	\$3.00
	Cream Puffs w Chocolate (10)	\$6.00
	Café Cake & Cheesecake Petite Bite (3) Premium	\$10.90
	Finger Food & Sandwiches	PRICE
	Party Pie - Child Serve	\$1.20
	Party Sausage Roll - Child Serve	\$1.20
	Spicy Wings	\$1.20
	Mini Quiche Asst (V available)	\$1.80
	Gourmet Party Pie Various- Adult Serve (V available)	\$2.50
	Chicken Kebab Skewers	\$2.90
	Potato Wedges w S/Cream (V+) (GF available)	\$3.50
	Cheese Naan (V) / Garlic Naan	\$3.50
	Savoury Scrolls (5) (SS)	\$7.50
	Traditional Sandwich - Asst Meats & Salad (*G.F, V)	\$3.50
	Traditional Rolls - Asst Meats & Salad (V)	\$5.00
	Traditional Wrap - Asst Meats & Salad (*GF, *V+)	\$5.00
	Café Sandwich - Asst Meats & Salad (*G.F, V)	\$4.50
	Café Rolls - Asst Meats & Salad (V)	\$5.50
	Café Wrap - Asst Meats & Salad (*GF, *V+)	\$5.50

	Platters for 5	PRICE
	Seasonal Fruit Platter for 5	\$14.50
	Traditional Sandwich Platter - 5pc cut in 1/4 (*GF,V)	\$19.90
	Café Sandwich Platter - 5pc in 1/4(GF,V)	\$22.50
	Mini Wrap Bites Platter - 5pc in 1/3 (V)	\$15.00
	Traditional Wrap Platter - 5pc in 1/2 (*GF, *V+)	\$25.00
	Café Rolls - 5 in (V)	\$26.50
	Café Wrap Platter - 5pc in 1/s (*GF,*V+)	\$29.50
	Open Gourmet Baguette -25pc (V)	\$29.50
	Rice Paper Rolls - Asst (5) (V+ . G.F)	\$22.50
	Antipasto Pastry Puff (9) (HM) (SS) (V) (V+ available)	\$13.50
	Savoury Scrolls (5) (SS)	\$7.50
	Rustic Mini Quiche (12) (HM) (V, * GF available)	\$21.50
	Mixed Hot Savouries Platter (25pc)	\$25.00
	Mixed Cakes Platter (20pc)	\$20.00
	Cream Puffs w Chocolate (10)	\$6.00
	Gluten Free	PRICE
	GF Sandwich or Wrap — surcharge on standard price	\$1.00
	Individual Lemon Kiss Cheese Cake	\$4.90
	Meatballs w Dipping Sauce (3)	\$5.90
	Chicken Breast Nugget Dippers w Sauce(3)	\$2.70
	Lasagne Single Serve Beef	\$4.00
	Gluten Free & Vegan	PRICE
	Falafel w Hummus	\$1.40
	Antipasto Pastry Puff (9) (HM) (SS)	\$13.50
	Asst Rice Paper Roll (2) (HM)	\$4.50
	Banana Bread - Slice (HM)	\$2.80
	Asst Muffin - Whole (HM)	\$2.80
	Wrap - surcharge on standard price	\$2.00
	Vegetarian	PRICE
	Mini Spring Rolls	\$0.90
	Samosa	\$0.95
	Mini Quiche - Florentine	\$1.80
	Gourmet Curry Veg Party Pie	\$2.50
	Potato Wedges w S/Cream	\$3.50
	Veg & Ricotta Roll - 3pc	\$5.00
MORE OPTIONS OVER THE PAGE		

2019 SEMESTER 1 CATERING ORDER FORM



PLEASE RECORD SCHOOL DETAILS ON REVERSE PAGE

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	BISTRO - Serves 10	PRICE
Pre Order Buffet Trays From our Canteen Menu: Salads, Pastas and Rice Meals		
	Burger Bar - Asst Burgers Premade (10)	\$50.00
	Beef Lasagne	\$29.00
	Potato Bake	\$24.00
	Yum Cha Assortment (80pc)	\$45.00
	Chocoholics Platter (60pc)	\$60.00
	Spicy Wings (1kg)	\$21.50
	Meatballs w Dip Sauce (1kg)	\$29.90
	Seasonal Fruit Platter for 10	\$24.90
	Antipasto Platter	\$38.90
	Vegetarian Antipasto Platter- (GF,V+)	\$38.90
	Cheese & Dip Platter- (GF)	\$48.50
	Vegetable & Dip Platter	\$29.90
	Vegetable Slice (18 small pc) (HM) (GF,V)	\$29.50
	Mixed Wraps, Sandwiches (5ea) Platter -Traditional	\$42.50
	Hot Savoury Platter (60pc) - Asst	\$60.00
	Mixed Cakes Platter (50pc)	\$55.00
	Asst Cakes & Savoury Morning Tea Platter (60pc)	\$65.50
	Corporate Crudit� Platter - Premium (GF,V+)	\$39.90
	Corporate Fruit Platter - Premium	\$39.90
	Corporate Cheese Platter - Premium (G.F)	\$65.00
	Grazing Platter- Antipasto, Cheese ,Vegetable, Fruit (G.F)	\$65.00
	Mixed Wraps, Rolls, Sandwiches (5ea) Platter - Premium	\$75.50
	Drinks	PRICE
	Bottled Water 600ml	\$1.50
	Soft Drink Asst -375ml	\$2.50
	Fresh Juice Apple/ Orange 450ml	\$3.50
	1Lt Milk Full Cream	\$3.00
	1Lt Milk Skim	\$3.00
	2L Orange or Apple Juice	\$7.20
	2L Apple Juice	\$7.20
	Drip Percolated Coffee 12	\$42.00
	EXTRAS BY ARRANGEMENT	PRICE
	Crockery & Cutlery Set	\$2.00
	Tablecloth - White	\$7.90
	Serving/Clean Up Staff (1) p/h	\$30.00
	Out of Canteen Hours Delivery/Pick Up	Various

	Packaged Grab 'n' Go	PRICE
	Caf� Sandwich - Asst Meats & Salad (*,GF, V)	\$5.00
	Caf� Wrap - Asst Meats & Salad (*,GF, V+)	\$5.90
	Vegetable Pack (5) (GF,V+)	\$19.90
	Savoury Pack (5) (GF,V+)	\$24.90
	Cheese Pack (5)	\$24.50
	Vegetarian Antipasto Pack (5) (GF,V+)	\$24.50
	Antipasto Pack (5)	\$29.50
	Side Garden Salad (4) (GF,V+)	\$12.00
	Side Caesar Salad (4)	\$12.00
	Side Sweet Chilli Chicken Salad (4)	\$12.00
	Side Tandoori Chicken Salad (4)	\$12.00
	Pasta Bar - Asst Pasta Regular Savings (5) - Enquire	\$17.00
	Asst Pasta Large Savings (5) - Enquire	\$27.00
	Asian / Indian Asst- w Rice & Meats Reg (5) -Enquire	\$17.00
	Asian / Indian Asst- w Rice & Meats Large (5) - Enquire	\$27.00
	Staff Excursion Day Packs (25)	PRICE
	Please Call For Prices and Availability of Student Packs	
	Traditional Sandwich,Water,Muesli Bar, Fruit, Mini Muffin	\$235.00
	Caf� Sandwich, Water, Muesli Bar, Fruit, Mini Muffin	\$260.00
	Traditional Sandwich, Juice, Muesli Bar, Fruit, Mini Muffin	\$260.00
	Caf� Sandwich, Juice, Muesli Bar, Fruit, Mini Muffin	\$285.00
	Traditional Wrap, Water, Muesli Bar, Fruit, Mini Muffin	\$300.00
	Caf� Wrap, Water, Muesli Bar, Fruit, Mini Muffin	\$324.00
	Traditional Wrap, Juice, Muesli Bar, Fruit, Mini Muffin	\$324.00
	Caf� Wrap, Juice, Muesli Bar, Fruit, Mini Muffin	\$348.00
	Off Site Delivery By Agreement Where Available	\$10.00

LEGEND

GF = Gluten Free SS = Selected Schools HM = Homemade
V= Vegetarian V+ = Vegan *Dietary Surcharge Applies

PRICING FOR STANDARD CANTEEN CATERING SERVICE HOURS
Please call to discuss service outside these times

**Customised Menus Available for
Graduations and other Special Events.**