

SCHOOL CANTEEN MENU

SANDWICHES^e

cheese & tomato	\$ 3.5
ham & cheese	\$ 3.5
egg & lettuce	\$ 4.0
curried egg & lettuce	\$ 4.0
ham, cheese & tomato	\$ 4.0
sweet chilli chicken	\$ 4.5
chicken, lettuce & mayo	\$ 4.5
salad	\$ 4.5
chicken, cheese & tomato	\$ 4.5
teriyaki chicken	\$ 4.5
chicken caesar	\$ 4.5
ham salad	\$ 4.5

WRAPS^e

	SGL	DBL
sweet chilli chicken	\$ 3.0	\$ 5.5
salad	\$ 3.0	\$ 5.5
chicken, lettuce & mayo	\$ 3.5	\$ 6.0
chicken caesar	\$ 3.5	\$ 6.5
ham salad	\$ 3.5	\$ 6.5
teriyaki chicken	\$ 3.5	\$ 6.5
roast beef salad	\$ 3.5	\$ 6.5
falafels	\$ 3.5	\$ 6.5

SALADS^e

watermelon	watermelon chunks	\$ 4.5
fruit	fresh seasonal fruits	\$ 5.0
garden	lettuce, tomato, capsicum, carrot, beetroot	\$ 5.0
creamy chicken pasta		\$ 5.0
potato	creamy potato salad	\$ 5.0
sundried tomato & pesto pasta		\$ 5.0
sweet chilli chicken	lettuce, tomato, sweet chilli	\$ 6.0
tandoori chicken	cucumber, lettuce, garlic aioli	\$ 6.0
caesar	cos lettuce, egg, croutons, cheese	\$ 6.0
falafel	falafels, lettuce, tomato, cucumber, garlic aioli	\$ 6.0
greek	fetta, olives, cucumber, capsicum, tomato	\$ 6.0
sweet chilli noodles	chicken, vermicelli	\$ 6.0
chicken caesar	chicken, cos, egg, croutons, cheese	\$ 6.0

RICE PAPER ROLLS x2^e

teriyaki chicken	\$ 5.5
sweet chilli chicken	\$ 5.5
vegetarian	\$ 5.5

SUSHI ROLLS (EACH)^e

teriyaki chicken	\$ 3.5
sweet chilli chicken	\$ 3.5
tuna	\$ 3.5

DRINKS^e

popper juice	250ml	\$ 2.0
water	600ml	\$ 2.5
mineral water	475ml	\$ 3.8
ice tea	500ml	\$ 4.0
aloe vera	500ml	\$ 4.0
pump water	750ml	\$ 4.0
pump flavours	750ml	\$ 4.5
oak milk	300ml	\$ 2.5
oak milk	500ml	\$ 4.5
up n go	250ml	\$ 3.0
hot chocolate		\$ 2.5

DRINKS^o

ice break coffee	500ml	\$ 4.5
soft drink	375ml no sugar	\$ 2.8
powerade	600ml no sugar	\$ 4.5
soft drink	600ml no sugar	\$ 4.5

WATER BOTTLE SPECIAL : \$1.50

(With Any Everyday Rated Food Item)

PRE ORDER YOUR FOOD BEFORE 9AM

And You Can Order Anything On The Menu

BREAKFAST SPECIAL : \$2.00

(Flavoured Milk 300ml Before 9am)

BREAKFAST SPECIAL : \$4.00

(Flavoured Milk 500ml Before 9am)

RICE - PASTA - NOODLES^e

CHICKEN & BEEF	REG	LGE
butter chicken our famous recipe & rice	\$ 4.0	\$ 6.0
pasta bolognese rich beef sauce	\$ 4.0	\$ 6.0
fettucine carbonara with chicken	\$ 4.0	\$ 6.0
mac & cheese	\$ 4.0	\$ 6.0
napolitana chicken pasta	\$ 4.0	\$ 6.0
singapore chicken noodles	\$ 4.0	\$ 6.0
meatballs meatballs in sauce & pasta		\$ 6.0
teriyaki chicken stir fry with rice		\$ 6.0
curry chicken with rice		\$ 6.0
beef lasagna homemade beef		\$ 6.5
VEGETARIAN	REG	LGE
fried rice	\$ 4.0	\$ 6.0
roasted vegetables pasta	\$ 4.0	\$ 6.0
singapore noodles with vegetables	\$ 4.0	\$ 6.0

SOUR CREAM 50C

* THREE DIFFERENT OPTIONS AVAILABLE DAILY

HOT BITES^e

hot & spicy chicken wings	\$ 1.5 ea or 4 for	\$ 5.0
chicken tenders	sweet chilli chicken	\$ 2.0
garlic bread loaf		\$ 2.5
cup of noodles	tom yum, beef, chicken	\$ 3.5
chicken breast nuggets		\$ 4.0
hot dog	with sauce	\$ 3.5
potato wedges	with sauce	\$ 4.0

NACHOS^o

beef	beef mince with cheese	\$ 5.5
vegetarian	salsa, lettuce, cheese	\$ 5.5
the lot	beef mince, lettuce, tomato, cheese, sour cream	\$ 6.0

BURRITOS TOASTED MEXICAN WRAPS^e

spicy chicken	chicken, rice, spicy cream sauce	\$ 5.5
mexican beef	nacho beef mince, rice, cheese	\$ 5.5

PASTRIES^o WITH SAUCE

sausage roll	\$ 3.8
meat pie	\$ 4.5
chilli beef & cheese pie	\$ 4.8
potato pie	\$ 4.8

WE USE NATURAL,
FRESH BREAST
CHICKEN FILLETS
ON ALL OF OUR
MENU ITEMS THAT
CONTAIN CHICKEN

FOOD CODING

^e - EVERYDAY RATED

^o - OCCASIONAL RATED

ALL ITEMS ARE HALAL

(EXCEPT PORK

BASED PRODUCTS)



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BURGERS^e

CHICKEN	
chicken burger	\$ 5.0
chicken & cheese burger	\$ 5.5
hot n spicy chicken burger	\$ 5.5
schnitzel burger	\$ 6.0

BEEF

cheese burger	tomato sauce	\$ 5.5
aussie burger	lettuce, tomato, beetroot, bbq sauce	\$ 5.5

VEGETARIAN

vege burger	premium vegetable pattie & salad	\$ 5.5
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TOASTED WRAPS^e

sweet chilli chicken	with cheese	\$ 5.5
bbq chicken & cheese	with bbq sauce	\$ 5.5
mexican	spicy chicken with cheese	\$ 5.5

HOMEMADE PIZZA^e

cheese	\$ 4.5
ham & cheese	\$ 5.0
pepperoni	\$ 5.0
bbq chicken	\$ 5.0
vegetarian	\$ 5.0

BREAKFAST BEFORE 9:30AM^e

COLD & FRESH

seasonal fruit	\$ 1.0	
watermelon bowl	\$ 4.0	
fruit salad	\$ 5.0	
yoghurt	\$ 3.5	
muffins	homemade assorted flavours 	\$ 3.5

HOT FOOD

hash brown		\$ 1.5
cheese wrap	toasted	\$ 3.0
ham & cheese wrap	toasted	\$ 3.5
ham, cheese & tomato wrap	toasted	\$ 3.5
bacon & egg roll	with sauce 	\$ 4.5
toasted sandwiches	assorted specials daily	\$ 3.5

CRUNCHY BREAD ROLLS^e

salad	\$ 5.0
sweet chilli chicken	\$ 6.0
hot chicken & gravy	\$ 6.0
chicken, lettuce & mayo	\$ 6.0
hot roast beef & gravy	\$ 6.0
ham salad	\$ 6.0
hot & spicy chicken schnitzel	\$ 6.0

GLUTEN FREE OPTIONS

PASTA & RICE

BUTTER CHICKEN	our famous recipe & rice	REG	LGE
PASTA BOLOGNESE	rich beef sauce	\$ 4.0	\$ 6.0
ROASTED VEGETABLE PASTA		\$ 4.0	\$ 6.0
LASAGNA	beef or vegetarian	\$ 5.0	

WRAPS-SANDWICH-SALAD-BURGERS

ANY WRAP	gluten free wrap + fillings	\$ 6.0
ANY SANDWICH	gf bread - add 50c to regular price	\$ 3.5 (from)
ANY SALAD	gluten free dressings + toppings	\$ 6.0
CHICKEN BURGER	chargrilled breast on GF roll	\$ 6.0